

# BACCHUS MENU

February 7 - 11

## SOUPS: \$7 PER PINT

Butternut squash bisque with smoked paprika gf, v  
Split pea gf, vegan  
Chicken noodle

## ENTREES:

Coconut curry grilled salmon gf \$12 each  
Panko walnut tilapia \$10 each  
Sesame ahi tuna with teriyaki glaze and wasabi aioli gf \$35/lb  
Turkey meatloaf gf \$10 each  
Chicken and black bean burritos \$12 each  
Grilled chicken breast with arugula pesto gf \$8 each  
Herb grilled chicken breast gf \$8 each  
Black bean, chipotle, quinoa burger with tomatillo salsa gf, vegan \$8 each  
Indian vegetable curry with red lentils gf, vegan \$10/lb  
Frittata with mushrooms, peppers, onions and Swiss gf, v \$8/slice

## SALADS AND SIDES: PER PINT OR SERVING

Caesar salad \$8  
Green salad, shaved fennel, oranges, pecans and citrus vinaigrette gf, v \$10  
Thai noodle salad vegan \$10/lb  
Farro with roasted carrots, chickpeas, arugula, Medjool dates and harissa vinaigrette  
vegan \$10/lb  
Shredded beets braised in vinegar gf, vegan \$10/lb  
Kale and quinoa with apples, cranberries and almonds gf, v \$14/lb  
Roasted Brussels sprouts with peppers and onions gf, vegan \$14/lb  
Assorted grilled vegetables gf, vegan \$14/lb  
Tuna salad gf \$10/lb  
Chicken salad with grapes gf \$14/lb

Please call Bacchus Market at 215-545-6656 to place your orders

## **SANDWICHES AND PANINIS:**

### **SANDWICH MENU OR BUILD YOUR OWN! \$10**

#### **PANINIS**

##### **\*SERVED ON MULTIGRAIN OR WHITE CIABATTA ROLLS**

- turkey, brie and apple butter
- turkey, dill havarti and champagne mustard
- turkey, bacon, pepperjack and Dijonnaise
- roast beef, cheddar and horseradish sauce
- roast beef, brie and pommery mustard
- ham, swiss and champagne mustard
- grilled vegetables, mozzarella and pesto
- Italian - Italian meats, provolone and extra virgin olive oil

#### **SANDWICHES: BUILD YOUR OWN!**

- Breads: multigrain bread, white and multigrain ciabatta rolls, tortilla wraps
- Protein: turkey, roast beef, ham, tuna salad, chicken salad with grapes
- Cheeses: provolone, cheddar, pepperjack, dill Havarti, fresh mozzarella, swiss, Cooper sharp American
- Spreads: mayo, Dijonnaise, pesto, apple butter, horseradish sauce
- Mustard: Dijon, deli, pommery, honey, Champagne
- Additions: lettuce, tomato, onion, hot peppers, roasted peppers, olive oil, vinegar, balsamic vinegar, oregano, salt&pepper, pickles, bacon

#### **DESSERTS:**

Assorted giant cookies	\$3.50	
Assorted dessert bars (brownies, s'mores brownies, lemon, 7 layer, blondies)		\$3.50
Assorted cake pops	\$3.50	

#### **GROCERY ITEMS:**

- Organic milk \$6.75
- Organic eggs \$6.50

#### **MENU KEY:**

- gf- gluten free
- v- vegetarian
- vegan

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